

11th HELLENIC NEUROLOGICAL SOCIETY WINTER SCHOOL

“ Stroke Units”

***Organized by the Hellenic Neurological Society
In collaboration with the
HELLENIC SOCIETY OF CEREBROVASCULAR DISEASES***

**CROWNE PLAZA ATHENS
Friday 08 -Saturday 09 March 2019**

FRIDAY 8/3/2019

13.30-14.00 **OFFICIAL WELCOME**

Gregoriadis N, Vadikolias K, Artemis N

14.00-16.00 **STROKE UNITS : BENEFITS AND ACUTE STROKE TREATMENTS**

MODERATORS: *Mitsias P, Pneumatikos I, Stamboulis E*

EFFICIENCY OF STROKE UNITS, BENEFITS FOR STROKE PATIENTS (20min)

Kargiotis O

INTRAVENOUS THROMBOLYSIS: THE IMPORTANCE OF STROKE UNITS (20min)

Karapanagiotidis T

THE REVOLUTION OF MECHANICAL THROMBECTOMY AS A CHALLENGE FOR STROKE UNITS (20min) Γ

Magoufis G

STROKE UNIT ORGANISATION IN EUROPE AND THE USA (20min)

Tsivgoulis G

DISCUSSION (30min)

16.00-17.30 **STROKE TREATMENT IN GREECE IN THE FOLLOWING DECADE**

MODERATORS: *Rudolf J, Armaganidis T, Elloul I*

LESSONS FROM EVERYDAY PRACTICE: INTRAVENOUS THROMBOLYSIS IN EVANGELISMOS HOSPITAL: OBSTACLES AND SOLUTIONS (20min)

Tavernarakis A

PREHOSPITAL CARE: RAPID TRANSFER OF STROKE PATIENTS, CHALLENGES ARISING FROM ROTATION OF HOSPITALS ON DUTY IN LARGE CITIES, CONNECTION WITH HOSPITALS IN THE PERIPHERY (20min)

Pyrrhos D

STROKE STATISTICS IN GREECE: HOW CAN WE IMPROVE THE QUALITY OF STATISTICAL DATA ON STROKE; MISSING IMPORTANT DATA (20min)

Katsanos A

DISCUSSION (30min)

17.30-18.00 **COFFEE BREAK**

18.00 – 19.00 **STATE OF THE ART LECTURES**

MODERATORS: *Mitsias P, Tsivgoulis G, Hadjigeorgiou G*

ESO STROKE UNIT CERTIFICATION PROCESS

Ulrike Waje – Andreassen (Norway)

NEW ESO THROMBECTOMY GUIDELINES

Turc Guillame (France)

19.00 – 19.30 **STATE OF THE ART LECTURE**

MODERATORS: *Vadikolias K, Tsvigoulis G, Mantatzis M*

THE DEVELOPMENT OF PRIMARY PTCA NETWORK FOR MYOCARDIAL INFARCTION IN GREECE: LESSONS TO BE LEARNED FOR PROMOTING ACUTE REVASCULARISATION THERAPIES FOR STROKE IN GREECE (25min)

Kanakakis I

10.00-11.00 **HEMORRHAGIC STROKE MANAGEMENT IN STROKE UNITS**

MODERATORS: *Boviatsis E, Foroglou N, Heliopoulos I*

INTRACRANIAL HEMORRHAGE MANAGEMENT IN STROKE UNITS
(15min)

Zisimopoulou V

SUBARACHNOID HEMORRHAGE MANAGEMENT IN STROKE UNITS (15min)

Psychogios K

CRITERIA FOR EMERGENT NEUROSURGERY FOR HEMORRHAGIC STROKE (15min)

Foroglou N

DISCUSSION (15min)

11.00 – 12.30 **COMPLICATIONS IN THE STROKE UNIT: PREVENTION AND MANAGEMENT (I)**

MODERATORS: *Giannopoulos S, Boutati E, Tegos T*

DYSPHAGIA MANAGEMENT AND ASPIRATION PNEUMONIA PREVENTION (15min)

Mitsias P

ECG MONITORING AND MANAGEMENT OF CARDIAC COMPLICATIONS (15min)

Parisis I

BLOOD PRESSURE MANAGEMENT AND NEUROLOGICAL STATUS MONITORING (15min)

Giannopoulos S

NEUROSONOGRAPHIC MONITORING IN THE STROKE UNIT
(15min)

Bakola E

NURSING IN THE STROKE UNIT (15min)

Ntinoulis K

DISCUSSION (15min)

12.30 – 13.00 *COFFEE BREAK*

13.00 – 14.15 **COMPLICATIONS IN THE STROKE UNIT: PREVENTION AND MANAGEMENT (II)**

MODERATORS: *Komnos A, Gryllia M, Xanthis A*

DEEP VEIN THROMBOSIS PREVENTION (15min)

Gourbali V

ANTIEDEMA THERAPY (15min)

Takis K

INFECTION MANAGEMENT (15')

Gryllia M

ACUTE STROKE REHABILITATION (15min)

Tsivgoulis A

DISCUSSION (15min)

14.15 – 15.45 **STROKE UNITS: ACTUAL STATE AND TRAINING**

MODERATORS: *Mitsias P, Vadikolias K, Artemis N*

STROKE UNITS IN PUBLIC HOSPITALS:

ACTUAL STATE AND CHALLENGES FOR THE FUTURE (12min)

Rudolf J

STROKE UNITS IN PUBLIC HOSPITALS:

ACTUAL STATE AND CHALLENGES FOR THE FUTURE (12min)

Karageorgiou C

STROKE UNITS IN GREECE IN 2021: WHAT CAN WE HOPE FOR?

(12min)

Safouris A

TRAINING IN STROKE: INTERNATIONAL BEST PRACTICES

(15min)

Mitsias P

STROKE TRAINING AND VASCULAR NEUROLOGY IN GREECE:

FUTURE PROSPECTS AND STROKE ACTION PLAN (12min)

Vadikolias K

DISCUSSION (15min)

15.45-16.00 **CONCLUDING REMARKS**

LUNCH

16.45-17.45 **MEETING OF SITS-ANGELS INVESTIGATORS**

Scientific committee:

Grigoriadis N, Vadikolias K, Rudolf J, Tsivgoulis G

MODERATORS - SPEAKERS

- Waje – Andreassen, Ulrike** *Professor of Neurology, Institute of Biological and Medical Psychology, University of Bergen, Norway*
- Turc Guillaume** *Associate Professor of Neurology, Centre Hospitalier Saint-Anne, Paris Descartes University, Paris, France*
- Armaganidis A,** *Professor of Pulmonary and Intensive Care Medicine, National and Kapodistrian University of Athens*
- Artemis N,** *Emeritus Professor of Neurology, Aristotelian University of Thessaloniki*
- Vadikolias K,** *Professor of Neurology, Democritus university of Thrace*
- Giannopoulos S,** *Professor of Neurology, University of Ioannina*
- Gourbali V,** *Consultant, Neurology Clinic, Evangelismos Hospital, Athens*
- Gregoriadis N,** *Professor of Neurology, Aristotelian University of Thessaloniki*
- Gryllia M,** *Director of Neurology Clinic, Gennimatas General Hospital of Athens*
- Elloul I,** *Associate Professor of Neurology, University of Patras*
- Zisimopoulou V,** *Consultant of Neurology, 251 Airforce General Hospital, Athens*
- Heliopoulos I,** *Professor of Neurology, Democritus university of Thrace*
- Kanakakis I,** *Director, Cardiology Department, Alexandra General Hospital, Athens*
- Karageorgiou C,** *Neurologist-Psychiatrist, Athens, former Director of Neurology Clinic, Gennimatas General Hospital, Athens*
- Karapanagiotidis T,** *Associate Professor of Neurology, Aristotelian University of Thessaloniki*
- Kargiotis O,** *Neurologist, PhD, ESO accredited Stroke Unit, Metropolitan Hospital, Pireus*
- Katsanos A,** *Neurologist, PhD*

Komnos A,	<i>Anesthesiologist, Director of ICU, Larissa General Hospital</i>
Magoufis G,	<i>Neurointerventional Radiologist, Metropolitan Hospital, Pireus</i>
Mantatzis M,	<i>Associate Professor of Neuroradiology, Democritus University of Thrace</i>
Mitsias P,	<i>Professor of Neurology, University of Crete</i>
Bakola E,	<i>Consultant, Neurology Clinic, Thriasio general hospital of Elefsina</i>
Boviatsis E,	<i>Professor of Neurosurgery, National and Kapodistrian University of Athens</i>
Boutati E,	<i>Associate Professor of Internal Medicine, National and Kapodistrian University of Athens</i>
Ntinoulis K,	<i>Director of Nursing, Stroke Unit, Papageorgiou General Hospital</i>
Xanthis A,	<i>Internal Medicine Physician, PhD, Drama</i>
Parisis I,	<i>Associate Professor of Cardiology, National and Kapodistrian University of Athens</i>
Pneumatikos I,	<i>Professor of Critical Care Medicine, Democritus University of Thrace</i>
Pyrrhos D,	<i>Director of Emergency Medical Services</i>
Rudolf J,	<i>Director, Neurology Clinic, Papageorgiou General Hospital of Thessaloniki</i>
Safouris A,	<i>Neurologist, ESO accredited Stroke Unit, Metropolitan Hospital, Pireus</i>
Stamboulis E,	<i>Emeritus Professor of Neurology, National and Kapodistrian University of Athens</i>
Tavernarakis A,	<i>Director, Neurology Clinic, General Hospital of Evangelismos, Athens</i>
Takis K,	<i>Neurologist, Athens</i>
Tegos T,	<i>Associate Professor of Neurology, Aristotelian University of Thessaloniki</i>
Tsiygoulis A,	<i>PMR Physician, University of Thessaly</i>
Tsiygoulis G,	<i>Professor of Neurology, National and Kapodistrian University of Athens</i>

Foroglou N,

*Associate Professor of Neurosurgery, Aristotelian
University of Thessaloniki*

Hadjigeorgiou G,

Professor of Neurology, University of Thessaly

Psychogios K,

*Neurologist, ESO accredited Stroke Unit, Metropolitan
Hospital, Pireus*